

Lista di libri sull'alta sensibilità ripresa con consenso dal gruppo Elaine Aron & High Sensitivity in Facebook. 2020

Libri in Inglese:

Elaine E. Aron (nota: I libri della dott.ssa Elaine Aron sono tradotti in molte lingue, e possono essere trovati qui:

<https://hsperson.com/store/international-translations>)

- The Highly Sensitive Person
- The Highly Sensitive Child
- The Highly Sensitive Person in Love
- The Undervalued Self
- The Highly Sensitive Person's Workbook
- Psychotherapy and the Highly Sensitive Person
- The Highly Sensitive Parent (to be published on March 31, 2020)

Ted Zeff (anche libri di Ted Zeff trovate in italiano)

- The Highly Sensitive Person's Survival Guide
- The Strong Sensitive Boy
- Raise an Emotionally Healthy Boy
- The Power of Sensitivity
- The Highly Sensitive Person's Companion

Tom Falkenstein

- The Highly Sensitive man

Tracy Cooper

- Thrill: The Highly Sensation Seeking Highly Sensitive Person
- Thrive: The Highly Sensitive Person and Career

Lone Hjorth:

- High Sensitivity in the Family

Libri in Spagnolo:

Elaine Aron

- El don de la Sensibilidad
- El don de la sensibilidad en la infancia
- El don de la sensibilidad en el amor

Karina Zegers de Beijl

- La alta sensibilidad, vivir desde el corazón
- Personas altamente sensibles
- Niños con alta sensibilidad

Ted Zeff

- La guía para las personas altamente sensibles

Libri in Olandese:

Karina Zegers de Beijl • Ik ben
hooggevoelig, en jij?

Tom Falkenstein

- Hoog Sensitieve mannen

Esther Bergsma:

- Hoog Sensitive Kinderen
- Het Hoog Sensitieve Brein

Annek Tol:

Hoogsensitiviteit professioneel gezien

Susan Marletta Hart:

- Leven met Hooggevoeligheid

Libri in Norvegese:

Lian Kirksæther and Ihren Abrahamsson Norwegian:

- Sensitiv og Sterk

Libri in Tedesco:

Tom Falkenstein:

- Hochsensible Männer

Libri in Svedese:

Else Marie Bruhner:

- Högekänslig ... än sen då? En guide för dig som vill förstå.

Libri in Francese:

Else Marie Bruhner:

- Hypersensible ... et alors ? Un tempérament expliqué