

Books suggested for teenagers/in Facebook group Elaine Aron & High Sensitivity on the 3rd of August 2020.

*Libri per adolescenti, suggerimenti dal gruppo di Elaine Aron & High Sensitivity su Facebook. (03.08.2020) Per pubblicazioni in altre lingue la ricerca propria è richiesta.*

Bücher für Teenager, Ratschläge vom 3. August 2020 in der Facebook-Gruppe Elaine Aron & High Sensitivity. Für Publikationen in anderen Sprachen ist eine eigene Suche erforderlich.

- Alane Freund will be publishing in 2021 “it will have parallel streams for both adults and the teens themselves”.
- Alison Lefkowitz LMFT “The Highly Sensitive Person’s Toolkit: Everyday Strategies for Thriving in an Overstimulating World.
- Ted Zeff, “The highly Sensitive Person’s survival guide”, “Strong sensitive boy”
- Dr. Aron’s book “The Highly Sensitive Person”, “The Highly Sensitive Child”. According to Alane Freund one “should have them read the introduction and the teen and young adult sections of the HS Child by Elaine Aron.
- Sita Bennett, “Maya of the In-Between”, Earth’s New Children
- Silenus, “Finding Identity”
- Betsy de Thierry, “The simple Guide to Sensitive Boys, How to Nurture Children and Avoid Trauma”, illustration Emma Reeves
- Tamora Pierces’s books. “All of her protagonists are HSTeens”.