# Prüfungsprogramm 2.KYU

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| **SUWARIWAZA** | | | |
| Shomenuchi Kiawase | 1 | Ikkyo Omote/Ura | |
| | 2 | Sankyo Omote/Ura | |
| | 3 | Kotegaeshi | bis Osae |
| **TACHIWAZA** | | | |
| Shomenuchi Kiawase (Uke: Maeashi Irimi Shomenuchi) | 4 | Iriminage | Basis u. Variation (Theorie Kotegaeshi) |
| | 5 | Kotegaeshi | Basis und Variation (Theorie Iriminage) |
| | 6 | Sumiotoshi | Basis und Variation |
| | 7 | Ikkyogoshi | von Ikkyo Kuzushi |
| | 8 | Shihonage | bis Osae |
| | 9 | Ikkyo Ura | Taninzutori |
| Katatetori Aihanmi | 10 | Iriminage | Tenkan Sabaki von Ikkyo Kuzushi Renraku-henka-Waza |
| | 11 | Kotegaeshi | |
| | 12 | Nikyo Ura – Kotegaeshi | |
| | 13 | Sankyo | |
| Katatetori Gyakuhanmi | 14 | Sankyo | |
| Ryotetori | 15 | Kotegaeshi | Ushiroashi Irimi Tenkan und Maeashi Irimi Tenkan |
| | 16 | Iriminage | |
| Katate Ryotetori | 17 | Kaitenotoshi | |
| | 18 | Kotegaeshi | Tanren Basis und Variation |
| | 19 | Iriminage | |
| Ushiro Ryotetori | 20 | Ikkyo | |
| | 21 | Nikyo | |
| | 22 | Shihonage | Karami Osae |
| Katatori Menuchi | 23 | Kotegaeshi | 2 Formen, links und rechts |
| | 24 | Shihonage | |
| | 25 | Genkeikokyunage | |
| Chudantsuki | 26 | Hijikime Osae Omote/Ura | |
| | 27 | Iriminage | |
| Yokomenuchi | 28 | Udekimenage | Ushiroashi Irimi Tenkan Makiotoshi |
| | 29 | Kotegaeshi | |
| | 30 | Jiyuwaza | |
| Shomenuchi Kiawase | 31 | Ikkyo bis Yonkyo | 1. Maeashi Irimi: Omote 2. Ushiroashi Irimi: Ura |
| Chudantsuki | 32 | Ikkyo bis Yonkyo | Ushiroashi Irimi Tenkan Tenshin: nur Omote |